

**Maple Ridge Teachers' Association
Memorandum**

To: Pro-D Reps

From: Pro-D Committee

Date: January 12, 2021

Topic: Pro-D 2020/21 Activity Calendar-Issue #2

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Dear Pro-D Reps,

Here is an excerpt from the BCTF PD Calendar. Please share with all teachers at your school.

BCTF PD Calendar Pro-D Opportunities

January 2021

January 23 Zoom--This is a Live Synchronous Workshop!. Introduction to Argument-Driven Inquiry in Grades 6-12: Rigorous and Equitable Lab Instruction

Designed to prepare you to implement the Argument-Driven Inquiry (ADI) instructional model in your classroom, this workshop is intended for science educators in grades 6-12. To register for this event: <https://argumentdriveninquiry.com/introductory-workshops/virtual-introduction-to-adi-for-secondary-january>

January 29 Virtual. Maximizing Student Achievement using Brain-Based Strategies

Register: <https://www.eventbrite.ca/e/maximizing-student-achievement-using-brain-based-strategies-tickets-128668612283>

January 30 Online. Anxiety in Children and Youth- Practical Intervention Strategies (Live Online Workshop)

This is a live virtual event using Zoom, an online meeting platform. For more information or to register, please visit: <https://ca.ctrinstitute.com/workshops/live-virtual-anxiety-in-children-and-youth1-30/>

February 2021

February 5 Online. Harm Reduction- A Framework for Change, Choice, and Control

This event is hosted through Zoom, an online training platform. For more information or to register, please visit: <https://ca.ctrinstitute.com/workshops/live-virtual-harm-reduction2-5/>

February 6 Zoom--This is a Live Synchronous Workshop!. Introduction to Argument-Driven Inquiry in Grades 3-5: Lab Instruction that Integrates Literacy and Mathematics

Designed to prepare you to implement the Argument-Driven Inquiry (ADI) instructional model in your classroom, this workshop is intended for science educators in grades 3-5. To register for this event: <https://argumentdriveninquiry.com/introductory-workshops/virtual-introduction-to-adi-for-elementary-february>

February 8 Online webinar. The Natural Roots of Empathy

We all want our children to be kind and considerate, sensitive to the needs of others. But how do we get there? Is it a matter of inculcating values? training social skills? regulating emotions? rewarding right actions? Is it something that is learned or does it need to be developed? Are there things that we should be doing as parents or teachers to get the results we are looking for? Are there pitfalls we should be concerned about in the process? Are there tell-tale signs when children are at risk for failing to develop empathy? <http://webinars.jackhirose.com/product/the-natural-roots-of-empathy/>

February 10 - 11 Zoom--This is a Live Synchronous Workshop!. Introduction to Argument-Driven Inquiry in Grades 6-12: Rigorous and Equitable Lab Instruction

Designed to prepare you to implement the Argument-Driven Inquiry (ADI) instructional model in your classroom, this workshop is intended for science educators in grades 6-12. To register for this event: <https://argumentdriveninquiry.com/introductory-workshops/virtual-introduction-to-adi-for-elementary-february>

February 12 Online. Tapestry Online Conference

The Cowichan Valley, Greater Victoria, Saanich, and Sooke Teachers' Associations proudly present the Tapestry Online Conference. Join keynote speaker and workshop presenter David Bouchard, a Métis author and educator. Choose from over 60 K-12 workshops from a variety of subject areas including ADST, Art, Language Arts, Science, French, and much more. Register now at <http://tapestry.ourconference.ca>. Early bird rate until January 24.

February 15 Online webinar. The Alarm Spectrum

The surge of anxiety in today's society certainly begs for an explanation. To make sense of anxiety is to make sense of ourselves and vice versa. There is probably no human problem that has been more of a riddle, yet more significant. <http://webinars.jackhirose.com/product/the-alarm-spectrum/>

February 17 Online webinar. Standing Up to Racism

People in the helping professions – teachers, psychologists and others – may find it difficult to discuss racism. Statistics show that racism is a form of adversity that can have an impact on brain development and that these effects can define and

limit a person from childhood through adulthood – affecting their performance in school, work and having an impact on their mental and physical health. For more information admin@jackhirose.com

February 19 9:00 AM to 1:30 PM (PST), Online Camp. ENGAGE Edcamp

The Exploring Maker Pedagogy in Education, Graduate Diploma in Education cohort from Simon Fraser University's Advanced Professional Studies (British Columbia, Canada) brings you an inspiring and powerful professional learning camp designed by educators for educators. We welcome all educators, school staff, parents and anyone from the world of Makers. Free to attend, you must RSVP to receive the meeting link and password, which will be emailed to you before the event: <https://www.eventbrite.ca/e/sfus-engage-edcamp-tickets-131242759627?aff=BCTF>

February 20 Zoom--This is a Live Synchronous Workshop!. Introduction to Argument-Driven Mathematics in Grades 6-12: Rigorous and Equitable Math Investigations

To register for this specific event: <https://argumentdriveninquiry.com/introductory-workshops/virtual-introduction-to-adm-february>

February 24 Online webinar. The Anxiety Compass: Helping Children and Teens Tame Anxiety Gremlins

Anxiety is at epidemic levels and is the most common mental health concern among children and teens. Anxiety is not something you outgrow, and early intervention is important to minimize later problems with depression and other social, emotional, behavioural, and health difficulties. Unfortunately, most kids go without effective support until they are teens, a time at which they are extremely susceptible for developing severe anxiety disorders. Since 70% of all mental health problems begin in childhood and adolescence, there is a clear need to support this population. Without knowing what to look for, many parents, teachers, and even professionals can easily miss when anxiety shows up and *may even unwittingly make anxiety stronger*. For more information admin@jackhirose.com

March 2021

March 3 Online webinar. Making Sense of Attachment: Neufeld's Comprehensive Model for All Ages and Applications

The science of relationship currently exists in fragmented bits and pieces all over the empirical map: biology, sociology, embryology, ethology, epigenetics, neuroscience, psychology, medicine, psychology, and so on. For more information admin@jackhirose.com

March 24 Online webinar. Feeling Great: A New, High-Speed Treatment for Depression and Anxiety

Research indicates that most, if not all, current treatments for depression and anxiety are barely more effective than placebos, if at all. In most studies, fewer than half of the patients even experience a 50% reduction in depression after many months of treatment. Research also suggests that therapeutic failure nearly always results from patient resistance that hasn't been skillfully addressed. For m

Thanks, the MRTA Pro-D Committee (c/o MRTA office-604-467-2111)

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Pro-D Reps/Bulletins & Memos/HD